

# MyCARE

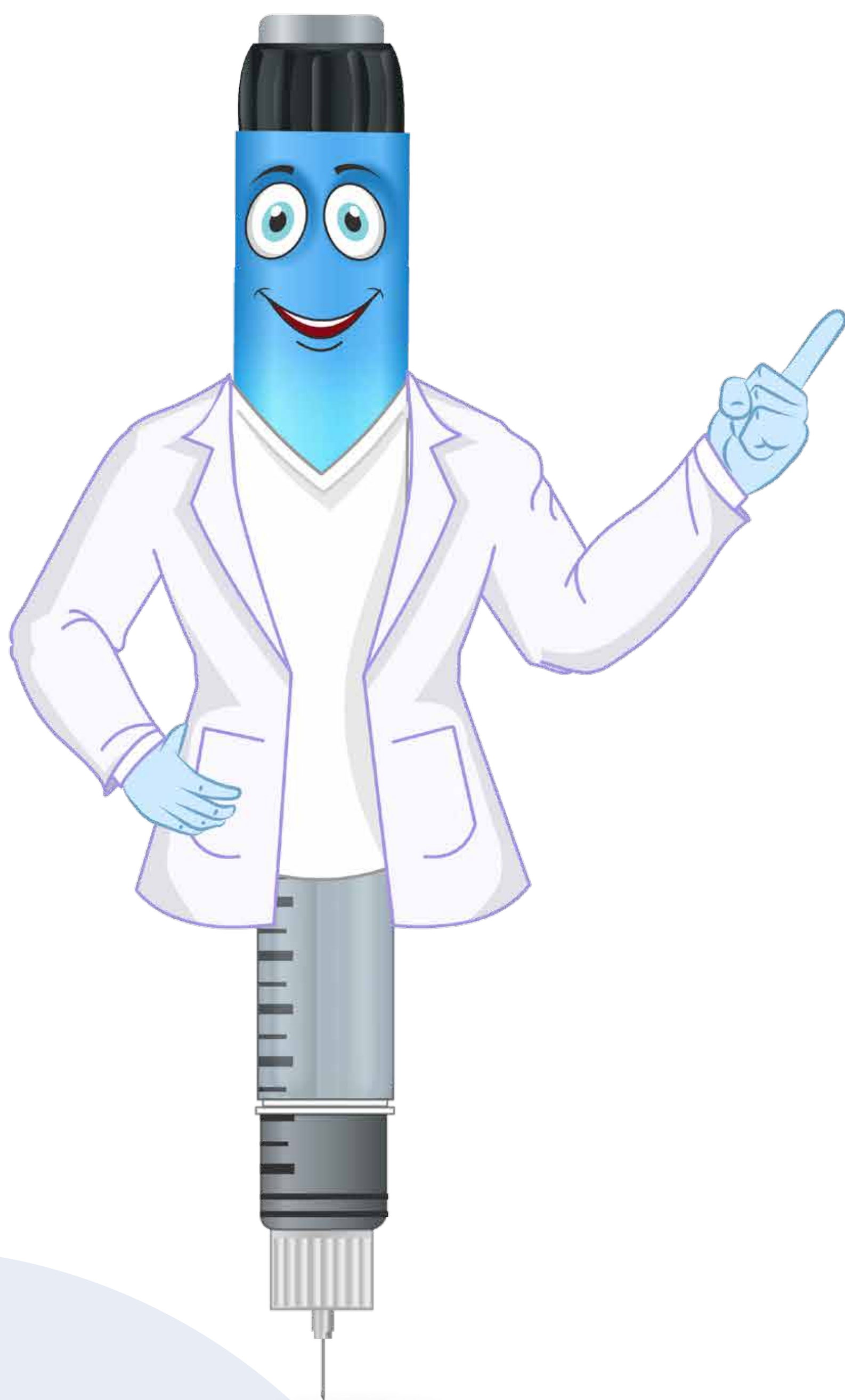
With me, every step of the way



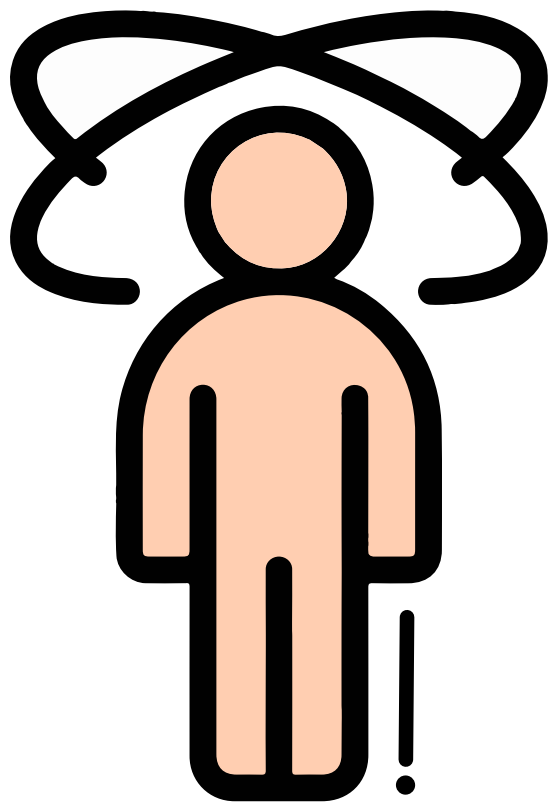
“ तुमच्या हायपोग्लायसेमियाची  
चिन्हे व लक्षणे समजून घेणे  
महत्वाचे आहे ”



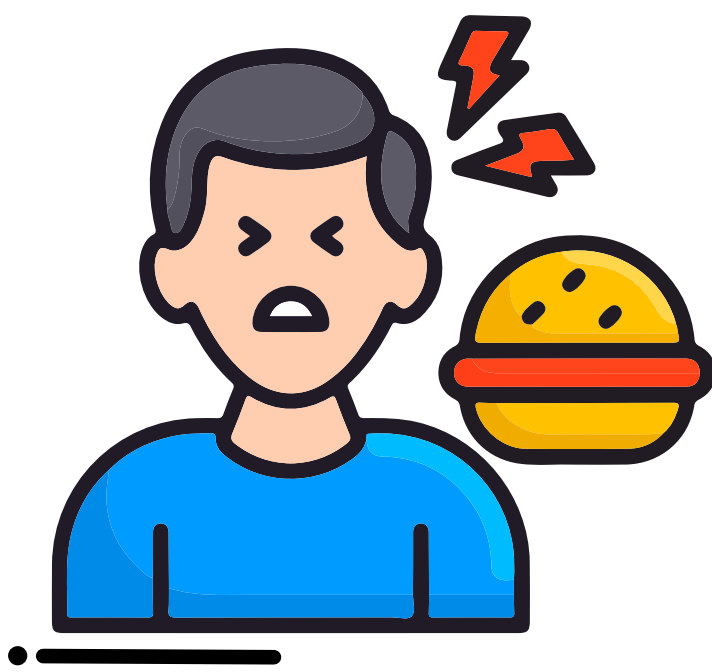
कारण प्रत्येक व्यक्तीची  
हायपोग्लायसेमियाची प्रतिक्रिया  
वेगवेगळी असते



सौम्य ते  
मध्यम  
स्वरूपाची  
लक्षणे



गरगरल्यासारखे किंवा  
चक्कर आल्यासारखे  
वाटणे



भूक लागणे



थकल्यासारखे वाटणे



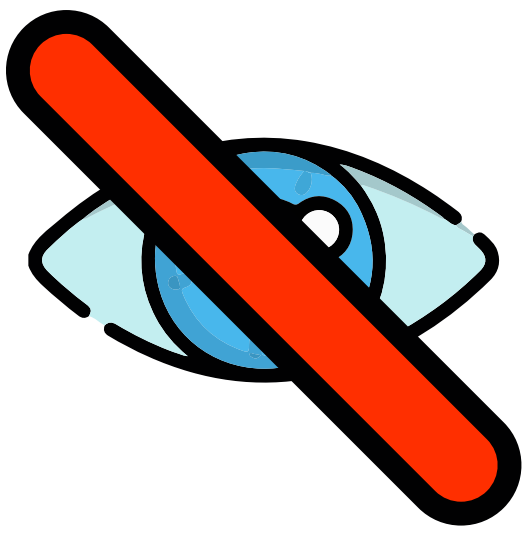
चक्कर येणे,  
गरगरणे,  
गोंधळ उडणे किंवा  
चिडचिड होणे



हृदयाची धडधड  
खूप जास्त वाढणे  
किंवा ठोके स्थिर गतीने  
न पडणे



डोकेदुखी



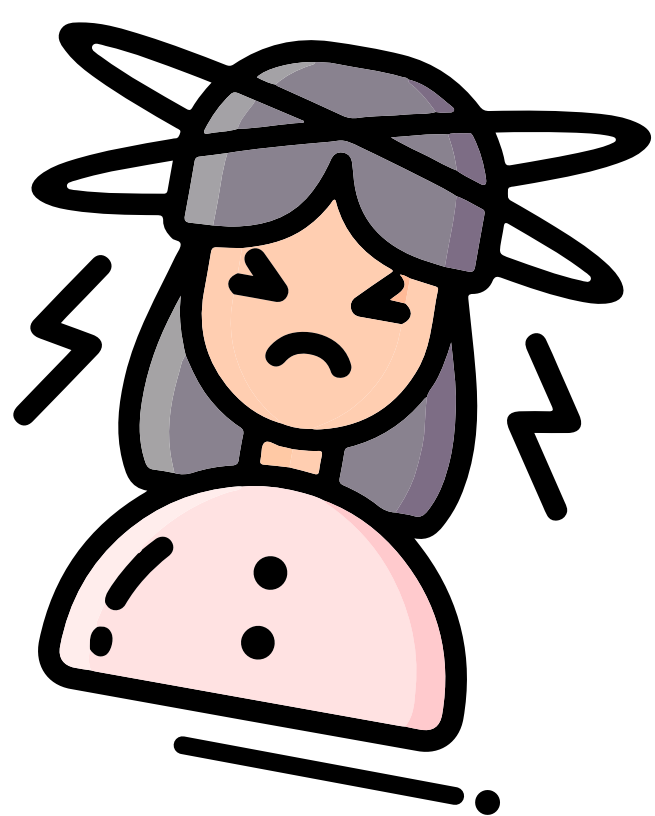
अस्पष्ट दिसणे



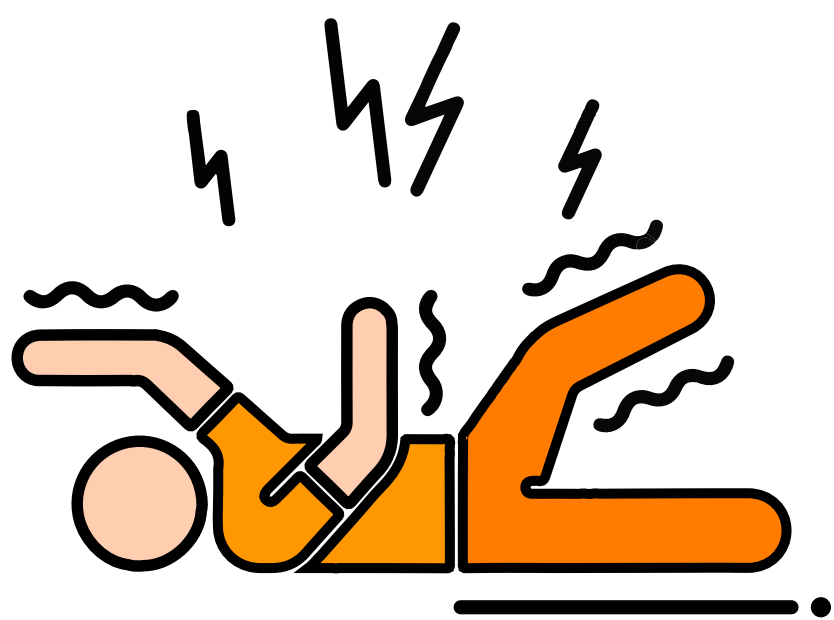
किंवा  
स्पष्टपणे बोलता न येणे



# गंभीर लक्षणे



शुद्ध  
हरपणे



झटका (सीझर) येणे

गंभीर स्वरूपाचा हायपोग्लायसेमिया  
प्राणघातक असतो आणि त्यावर  
ताबडतोब उपचार करणे  
आवश्यक असते



“ अधिक माहितीसाठी तुमच्या  
डॉक्टरांशी किंवा तुमच्या  
**MyCARE** डायबेटिस एज्युकेटरशी  
संपर्क साधा.”



# MyCARE

With me, every step of the way

## Reference

- National Institute of Diabetes, Digestive and Kidney Diseases. Low Blood Glucose (Hypoglycemia) | NIDDK. Available at <https://www.niddk.nih.gov/health-information/diabetes/overview/preventing-problems/low-blood-glucose-hypoglycemia>. Accessed 1st Dec 2021

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