

MyCARE

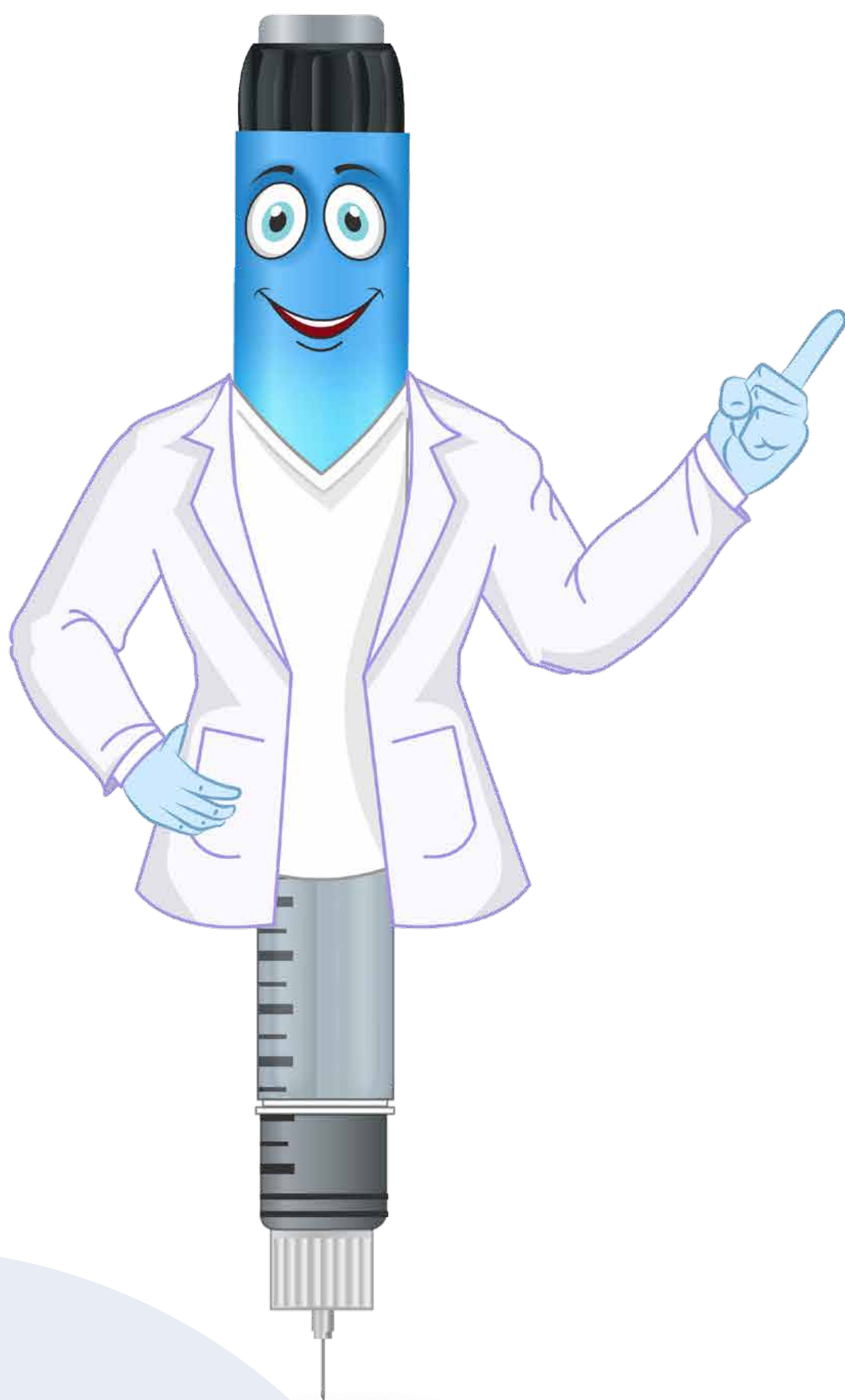
With me, every step of the way



“ आपके लिए हाइपोग्लायसीमिया
के लक्षण एवं संकेत
समझना बहुत ज़रूरी है ”

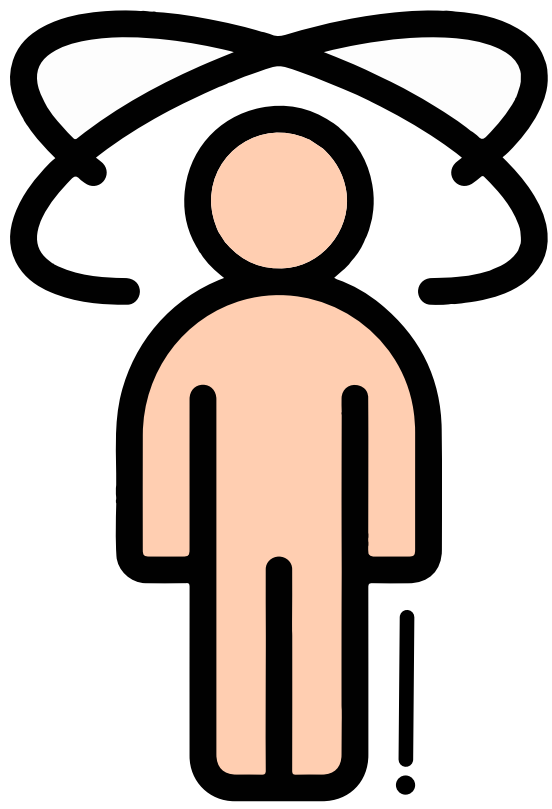


हर व्यक्ति के लिए
हाइपोग्लायसीमिया की प्रतिक्रिया
अलग-अलग होती है।

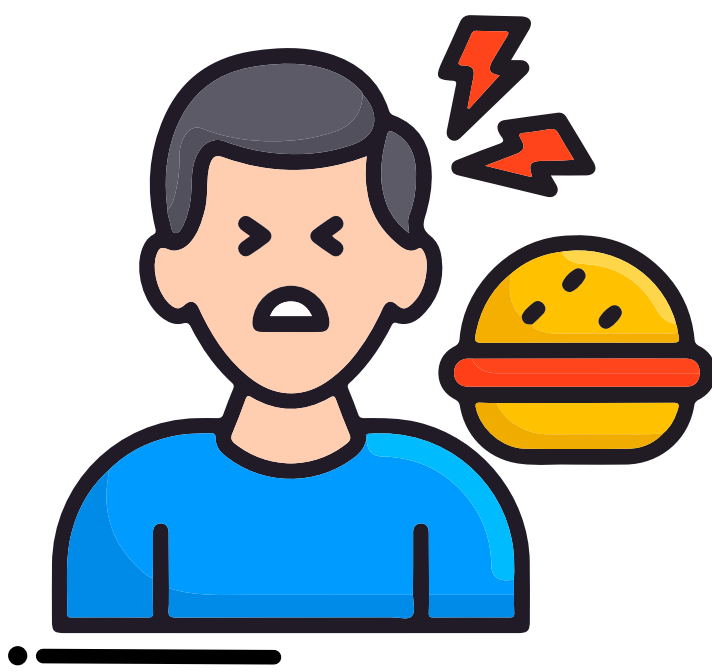




हल्के से
मध्यम
लक्षण



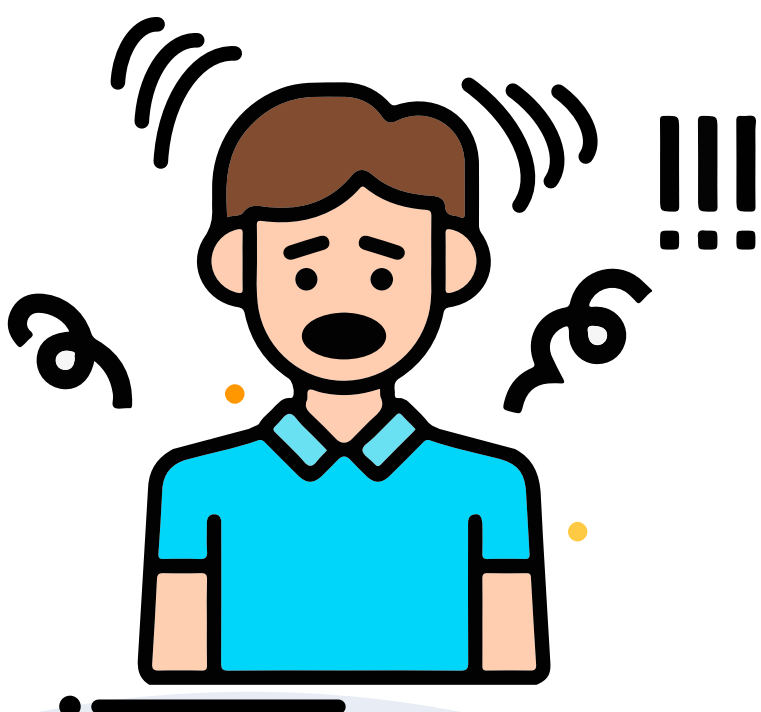
कंपकंपी और
बैचेनी होना



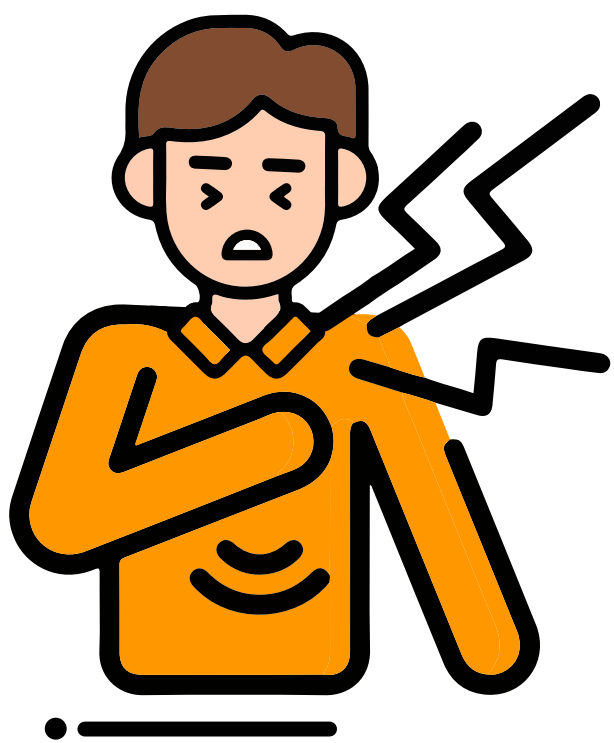
भूख लगना



थकान लगना



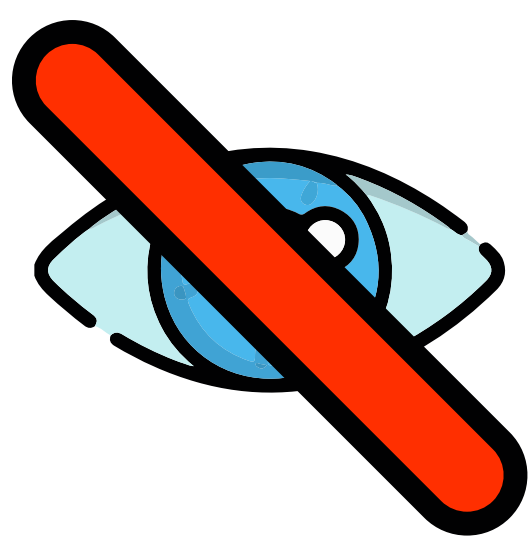
चक्कर आना, सर घूमना,
चित्तभ्रम और
चिड़चिड़ाहट होना



हृदय की धड़कन तेज़
हो जाना या अनियमित
हो जाना



सरदर्द



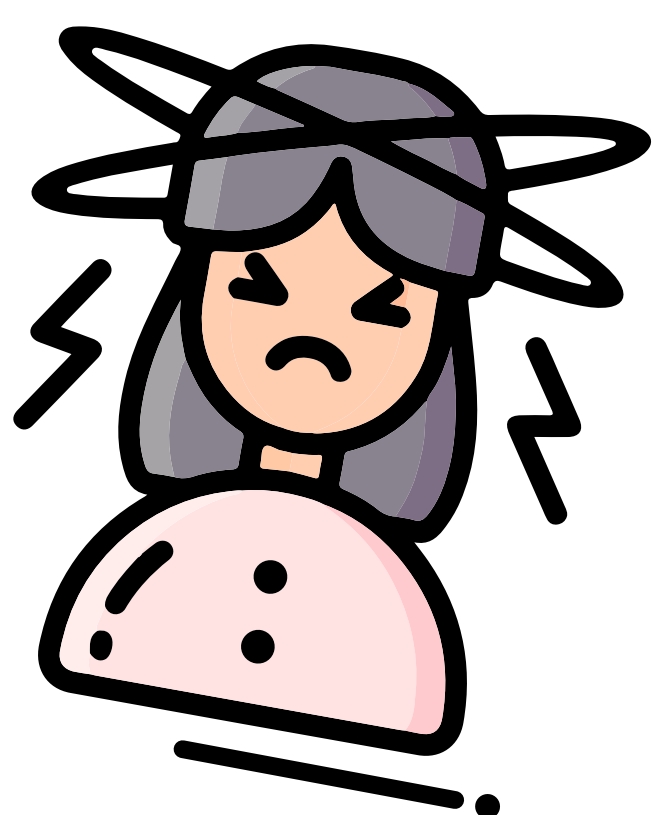
धुंधला दिखाई देना,
स्पष्ट बात



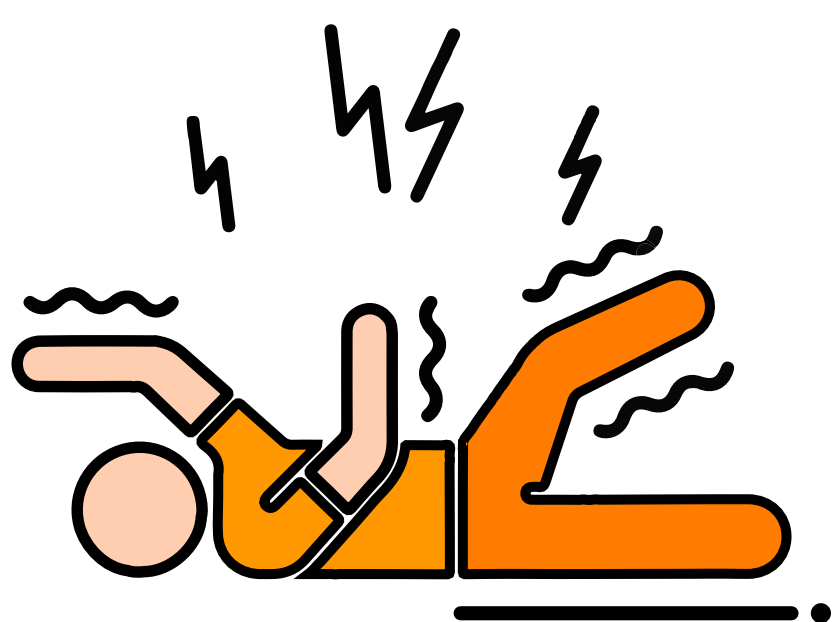
न कर पाना



तीव्र लक्षण



बेहोश
हो जाना



दौरा पड़ना

गंभीर हाइपोग्लायसीमिया एक
प्राणघातक स्थिति है और इसलिए
इसका तुरंत उपचार ज़रूरी है।



“ अधिक जानकारी के लिए अपने डॉक्टर
या अपने **MyCARE** डायबिटीज़
एज्युकएटर से सम्पर्क करें। ”



MyCARE

With me, every step of the way

Reference

- National Institute of Diabetes, Digestive and Kidney Diseases. Low Blood Glucose (Hypoglycemia) | NIDDK. Available at <https://www.niddk.nih.gov/health-information/diabetes/overview/preventing-problems/low-blood-glucose-hypoglycemia>. Accessed 1st Dec 2021

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